

(Photo credit: Bill Hayes)

UNIVERSITY OF UTAH COLLEGE OF HEALTH & UTAH CENTER FOR COMMUNITY NUTRITION

## FOOD IS MEDICINE VIRTUAL CONFERENCE

Nutrition for healthy living and disease prevention

SATURDAY, SEPTEMBER 11, 2021 8 AM - 3:30 PM

J. GEORGE JONES JR. & VELMA RIFE JONES DISTINGUISHED VISITING LECTURER MARION NESTLE, PHD PAULETTE GODDARD PROFESSOR & PROFESSOR EMERITA, NUTRITION & FOOD STUDIES, NEW YORK UNIVERSITY "DIET & HEALTH: WHAT HEALTH PROFESSIONALS SHOULD TELL CLIENTS ABOUT FOOD AND NUTRITION"





## TRANSFORMING HEALTH 6.5 CME Credits Available



Following the Food Is Medicine Seminar, participants will be able to:

- Talk with patients about the state of nutrition science pertaining to dietary patterns and fad diets.
- Discuss strategies for healthy plant-forward meal planning, cooking, and eating that are fast, easy, and affordable.
- Provide resources to patients to combat the recent increase in food insecurity.
- Explore ways to bill for nutrition services and refer to nutrition and behavior professionals that can assist patients with their health goals.
- Explore new cooking skills through cooking demos led by experts.



## Questions? Email Ashley Williams at health@health.utah.edu

Accreditation: The University Of Utah School Of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

AMA Credit: This activity has been approved for AMA PRA Category 1 CreditTM. Nondiscrimination and Disability Accommodation Statement: Requests for reasonable accommodations for disabilities should be made in advance.